

New Zealand Powerlifting Calendar of Events for 2010

Note:

1. As well as “Out of Contest” Drug testing for all competitive members of the NZPF, Drug Testing may be conducted at any of the Powerlifting Contests listed below.
2. Directors of NZPF National, North and South Island, or Provincial Championships may charge late entry fees for entries received after the entry closing dates, provided such entry closing dates are publicly advertised in all respective National Championship promotional material, including the entry forms themselves this is to help offset any inconvenience and added expense created with regards to the event planning, extra awards etc. Lifters wishing to compete in Provincial, National, International or World Championships must meet the Qualifying Criteria set by the NZPF National Executive Committee or be granted a NZPF Qualifying Criteria waiver by the NZPF NEC.
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JANUARY

Saturday 30th – NZ Masters Games, Olympic Gym, Mosgiel - Otago

FEBRUARY

Friday 12th/Saturday 13th – Oceania Bench Press Champs – Woolston Club-Christchurch - CPA

Saturday 27th – Ice Breaker, Zero Limits, Ricket Rd Te Awamutu - WBOP

MARCH

Saturday 6th – Club Lift, Olympic Gym Mosgiel – Otago

Saturday 6th – 3 lift Novice Qualifier – Powerhouse Gym – CD

Saturday 6th – Bench press Qualifier – Powerhouse Gym - CD

Sunday 7th - Auckland Novice Champs –Auckland

Saturday 20th – Canterbury Bench Champs – Eastside Gym – CPA

Saturday 27th March – Novice Powerlifting Contest, Wizard Fitness, Kerikeri

APRIL

Saturday 10th – WBOP Champs – The Gym Tauranga - WBOP

Saturday 17th – Central Districts Champs 3 lift Powerhouse Gym - CD

Saturday 24th – Canterbury 3 lift Champs – Eastside Gym - CPA

Saturday 24th – Otago Powerlifting & Bench-press champs, Olympic Gym, Mosgiel

MAY

Saturday 8th – Auckland Champs – Auckland

Saturday 15th – Central Districts Bench Champs – Powerhouse Gym –CD
Saturday 15th – CD Novice 3 lift Qualifier – Powerhouse Gym - CD
Saturday 15th – WBOP Benchpress Champs – Global Fitness – WBOP
Saturday 22nd – Northland Powerlifting Champs - Kerikeri

JUNE

Saturday 12th - South Island Powerlifting Champs – Otago
Saturday 12th – North Island Champs 3 lift Powerhouse – Central Districts

JULY

Saturday 3rd – Auckland Bench Champs – Auckland
Sunday 4th – Novice Qualifier – Star Fitness Napier - CD
Saturday 17th – Club Novice Single Bench – Sky Fitness - Otago
Saturday 24th – Auckland Novice Champs - Auckland

AUGUST

Friday 6th /Saturday 7th – National 3 lift Champs – Woolston Club Christchurch - CPA

SEPTEMBER

Saturday 11th – Northland Bench Press Champs, Dargaville
Saturday 18th - Club Novice Single Bench & experienced lift – Sky Fitness - Otago

OCTOBER

Saturday 2nd – Auckland Novice & Auckland University – Auckland
Saturday 16th – National Bench Press Champs - Northland

NOVEMBER

Saturday 6th – Best of the South Bench – Temuka – CPA
Saturday 6th – North Island Bench Champs - The Gym, Tauranga - WBOP
Saturday 13th – Club Lift – Otago
Saturday 20th - Powerhouse Open – Powerhouse Gym - CD
Saturday 27th – Novice Competition - WBOP

DECEMBER

Oceania Champs – Apia Samoa

Please bear in mind some of these events may change due to clashes or reasons beyond the association's control. Good Luck with the year!